

Cloze

Read the passage carefully. Choose the most suitable word given in the box and write its letter (A to E) in the blank. Use each word only ONCE.

- (A) vegetable (C) fruit (E) juice
(B) fibre (D) fatty

If you are constipated, drink plenty of water and diluted fruit juices. You should cut down on sugary and **1** _____ food. Instead, you should eat **2** _____, vegetables and whole-grain cereals. However, do not eat too much **3** _____ at one time as it upsets the digestive system.

Answers
1. (D)

2. (C)

3. (B)